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In celebration of January being National Walk Your Dog Month, take this opportunity to to bond with your pup and even get in some extra steps for yourself. A new year calls for a new goal, and healthy living for both you and your pup is on the agenda.



On behalf of John Knox Village employees, we wish you a Merry Christmas, Happy Hanukkah, and a Happy New Year!

Saturday Movie Matinees

Starting at 2 p.m. in the Barker Center Auditorium

December 28 - *A Royal Christmas*
January 4 - *The Spy Next Door*
January 11 - *True Grit*

There will be no recycle pick up on Wednesday, December 25 OR on Wednesday, January 1. Recycle will be picked up on the following day.

Fitness News by Talina

I hope the holiday fun is bringing you all joy throughout the season. Don't forget your workouts are just as important as all the cookies; a moment on the lips lasts forever on the hips. Friendly reminder, please do not tamper with the settings on the fitness equipment, make sure to turn that dial back down to ZERO, and lastly - don't forget to continue to wipe down the machines after each use. Thank you for a wonderful year of fitness. I am looking forward to the another New Year with you.

Knox-TV Schedule - Sentrics Channel 3:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:45 p.m. (L) Vespers	9 a.m. Exercise Video	9 a.m. Exercise Video	9 a.m. Exercise Video	9 a.m. Exercise Video	9 a.m. Exercise Video	9 a.m. Exercise Video
	11 a.m. Balance & Stretch	11 a.m. Tai Chi	11 a.m. Balance & Stretch	11 a.m. Tai Chi	11 a.m. Balance & Stretch	
		1 p.m. Fitness Dancing		1 p.m. Fitness Dancing		
	2 p.m. Sr. Fitness with Talina	2 p.m. Sr. Fitness with Talina	2 p.m. Sr. Fitness with Talina	2 p.m. Sr. Fitness with Talina	2 p.m. Sr. Fitness with Talina	

Dining Venues
BDR Bay Dining Room
BOG Back of Grill
OTG Oak Tree Grill
SC Sandhill Cranes
SHV Sandhill Veranda
SP The Scoop
TTL Tree Top Lounge

Lester R. Barker Center
AUD Auditorium
BC Barker Center
BCD Barker Center Deck
BR Board Room
CL Card Lounge
MR Music Room
PP Ping Pong Room

Other Venues
BIL Billiards Room
CH Chapel
CD Communications Desk
CAR Creative Arts Room
FC Fitness Center
GP Gathering Place
GS Corner Gift Shop
LFV Lake Fountain Vista

MO MRL
OP Oak Park
OVS Oak View Suites
PC Potpourri Corner
RR Reading Room
TS The Studio

Outside Venues
CB Central Bark Dog Park
PAV Pavilion
SS Sportsplex

Jerry Jaques Clubhouse
BL Bistro Lounge
MPR Multi-Purpose Room
PB Pickleball Courts
PD Pool Deck
PS Pro Shop
CBR Clubhouse Board Room
CFC Clubhouse Fitness Center
CYS Clubhouse Yoga Studio
JJJ Clubhouse Pool
JJR JJ's Restaurant



Village Weekly

What's Happening?
December 22 - January 4, 2025

- Sunday, December 22**

 - 2 p.m. PB Pickleball
 - 6:45 p.m. AUD Vespers - "The Paradox of Blessedness" Luke 1:39-45
Narrator: Chaplain Ray Bertrand
Music: Vesper Choir

Monday, December 23

 - 8:30 a.m. SS Shuffleboard
 - 10 a.m. AUD Line Dancing Practice
 - 10-11:30 a.m. OP Spiritual Deepening
 - 4 p.m. BUS The Grand Floridian Self-Guided Tour and a walk through Disney Springs \$5
 - 4:30-5:30 p.m. TTL Melodies on the Keys with Phyllis Dale

Tuesday, December 24 Christmas Eve

 - 8 a.m. PB Pickleball
 - 8:30 a.m. PP Ping-Pong
 - 9 a.m. BUS Shopping - Call X3400 to sign up
 - 9 a.m. BIL Men's Billiards
 - 9 a.m.- 4 p.m. OP Hearing Aid Specialist - X2710
 - 9 a.m. CYS Tai Chi
 - 11 a.m. CH Episcopal Communion
 - 1 p.m. OVS Time-Out Tuesdays **CANCELED**
 - 2 p.m. FC Wii Bowling - New players are welcome
 - 4 p.m. TTL Trivia
 - 6:45 p.m. AUD Vespers - Christmas Eve - Lessons and Carols. Candle Lighting Service.
Narrator: Chaplain Ray Bertrand
Music: Vesper Choir

Wednesday, December 25 Merry Christmas NO Recycle Pick-Up

 - 8-9 a.m. CH Weekly Prayer Time
 - 9 a.m. BIL Ladies' Billiards
 - 10 a.m. PP Ladies' Ping Pong
 - 1 p.m. CL Hand, Knee, & Foot - New players welcome
 - 1:30 p.m. CH Catholic Mass
 - 3 p.m. AUD Vespers Choir Practice **CANCELED**
 - 3 p.m. TS Quilting Group
 - 4:30 p.m. PB Pickleball
 - 7 p.m. AUD BINGO Night **CANCELED**

Thursday, December 26 Hanukkah Begins

 - 8 a.m. PB Pickleball
 - 8:30 a.m. PP Men's Ping-Pong
 - 9 a.m. CYS Tai Chi
 - 9 a.m. TS Knitters/Stitchers
 - 9 a.m. BUS Shopping - Call X3400 to sign up
 - 1 p.m. PC Mah Jongg
 - 1:15 p.m. AUD Beginner Tap Dance
 - 4:30-5:30 p.m. TTL Phyllis Dale and Friends
 - 5:30 p.m. BUS Butler Express Train Ride \$12

- Friday, December 27**

 - 8:30 a.m. SS Shuffleboard
 - 9 a.m. CFC Stretch & Flex - Bring your mat
 - 9:30 a.m. CL Samba
 - 10 a.m. SS Croquet
 - 1 p.m. AUD Sunshine Singers
 - 1 p.m. CL Cribbage - New players welcome
 - 2 p.m. FC Wii Bowling - New players welcome
 - 7 p.m. AUD Orlando Brass Quintet \$5

Saturday, December 28

 - 8 a.m. PB Pickleball
 - 8:30 a.m. PP Ping-Pong
 - 11 a.m. CH Catholic Holy Rosary
 - 2 p.m. AUD Saturday Movie Matinee - *A Royal Christmas*
 - 4 p.m. CH Catholic Mass
 - 4:30-5:30 p.m. TTL Phyllis Dale and Friends

Sunday, December 29

 - 2 p.m. PB Pickleball
 - 6:45 p.m. No Vesper Service

Monday, December 30

 - 8:30 a.m. SS Shuffleboard
 - 10 a.m. AUD Line Dancing Practice
 - 10-11:30 a.m. OP Spiritual Deepening
 - 4:30-5:30 p.m. TTL Melodies on the Keys with Phyllis Dale
 - 5 p.m. MPR Hanukah Dinner \$18

Tuesday, December 31

 - 8 a.m. PB Pickleball
 - 8:30 a.m. PP Ping-Pong
 - 9 a.m. BUS Shopping - Call X3400 to sign up
 - 9 a.m. BIL Men's Billiards
 - 9 a.m. CYS Tai Chi
 - 9 a.m.- 4 p.m. OP Hearing Aid Specialist - X2710
 - 11 a.m. CH Episcopal Communion
 - 1 p.m. OVS Time-Out Tuesdays
 - 2 p.m. FC Wii Bowling - New players are welcome
 - 4 p.m. TTL Trivia
 - 7 p.m. AUD New Year's Eve Bash \$22

The Holidays May Affect the Scheduling of Some Activities.

Stop by Maple Court on Christmas Eve for their Luminaria Lighting, beginning at 6 p.m.

- Wednesday, January 1 Happy New Year NO Recycle Pick-Up**
- 8-9 a.m. CH Weekly Prayer Time
 - 9 a.m. BIL Ladies' Billiards
 - 10 a.m. PP Ladies' Ping Pong
 - 1 p.m. CL Hand, Knee, & Foot - New players welcome
 - 3 p.m. AUD Vespers Choir Practice **CANCELED**
 - 3 p.m. TS Quilting Group
 - 4 p.m. CH Catholic Mass-Holy Day of Obligation Solemnity of Mary, the Mother of God
 - 4:30 p.m. PB Pickleball
 - 7 p.m. AUD BINGO Night **CANCELED**
- Thursday, January 2**
- 8 a.m. PB Pickleball
 - 8:30 a.m. PP Men's Ping-Pong
 - 9 a.m. CYS Tai Chi
 - 9 a.m. TS Knitters/Stitchers
 - 9 a.m. BUS Shopping - Call X3400 to sign up
 - 1 p.m. PC Mah Jongg
 - 1:15 p.m. AUD Beginner Tap Dance
 - 4:30-5:30 p.m. TTL Phyllis Dale and Friends
 - 7 p.m. AUD Joseph Golovitz Entertainment **FREE**
- Friday, January 3**
- 8:30 a.m. SS Shuffleboard
 - 9 a.m. CFC Stretch & Flex - Bring your mat
 - 9:30 a.m. CL Samba
 - 10 a.m. SS Croquet
 - 1 p.m. AUD Sunshine Singers
 - 1 p.m. CL Cribbage - New players welcome
 - 2 p.m. FC Wii Bowling - New players welcome
 - 6:45 p.m. BUS *The Rocket Man* presented at Athens Theatre \$40
- Saturday, January 4**
- 8 a.m. PB Pickleball
 - 8:30 a.m. PP Ping-Pong
 - 11 a.m. CH Catholic Holy Rosary
 - 2 p.m. AUD Saturday Movie Matinee - *The Spy Next Door*
 - 4 p.m. CH Catholic Mass
 - 4:30-5:30 p.m. TTL Phyllis Dale and Friends

IMPORTANT PHONE NUMBERS
386-775-3840


Portal Help: X1203 - Email: JKVhelp1@gmail.com
Intra-Village Transportation X5000
Security X8014 (or 0 after 5 p.m., weekends & holidays)
Resident Services X1202

MARKETING DEPARTMENT
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Candace DeGiovine,
Resident Services & Event Coordinator
386-775-3840 X1203

Events & Activities

Please note: You will be charged for the in-house cost of activities if you cancel anytime after 12 p.m. the day before the event.

Beginners Line Dancing

Monday, January 6, 9:30 a.m. AUD 
Join Geri Hasley as she teaches beginners line dancing to all who are interested. Please be sure to sign up on the Portal.

James Mitchell Entertainment

Monday, January 6, 3 p.m. AUD **FREE**
Entertaining audiences for over 40 years, James performs music from the '60s-'90s and adds his own touch to each song, including music by James Taylor, Glen Campbell, and Burt Bacharach. He has a laid back style that draws from jazz, pop, and country to form a unique listening experience.

Butterfly Lady - Seals & Sea Lions

Wednesday, January 8, 10 a.m. AUD **FREE**



Penta the Band Entertainment

Thursday, January 9, 7 p.m. AUD **FREE**
This four piece band includes Jerry Hemby on lead guitar and vocals; Mike Cantu on lead vocals, keyboards, and guitar; Dan Emerson playing bass guitar and vocals; and finally Matt Eisensmith on drums, vocals, and the harmonica. Some of the members have been playing since the 1970s, and have over 150 years combined in their experiences. They have played all over and are looking forward to adding JKV to their list of venues!

Fred Moyer Piano Recital

Friday, January 10, 11 a.m. AUD **FREE**
For over 35 years, Fred has made a living solely from concerts and recordings. He plays hundreds of concerts annually across the country, has performed in 44 countries, in such venues as Suntory Hall in Tokyo, Sydney Opera House, Windsor Castle, Carnegie Recital Hall, Tanglewood, and the Kennedy Center. Fred has performed with most of the major orchestras in the United States as well as many orchestras throughout Europe, South America, Asia, and Australia.

Steve Davis Entertainment

Saturday, January 11, 7 p.m. AUD \$5  
This highly experienced ensemble has a wide selection of music. With more than 40 years of total time playing together, the are constantly learning new material and still practice routinely.



Dr. Turnbull Presentation

Monday, January 13, 3:30 p.m. AUD **FREE**
Dr. Nathan Turnbull is a board-certified, fellowship-trained orthopedic surgeon. Dr. Turnbull provides general orthopedic care, with a special interest in knee and hip replacement.

Great Decisions Presentation presented by Rita Lucey

Tuesday, January 14, 2 p.m. AUD
Join Rita over the next eight weeks to learn about the following topics: U.S. Changing Leadership of the World Economy, U.S.-China Relations, India: Between China, the West, and the Global South, International Cooperation on Climate Change, The Future of NATO and European Security, AI and American National Security, and American Foreign Policy in the Middle East: Taking Stock and Looking Ahead.

An Evening of Celebration

Tuesday, January 14, 4:30 p.m. MPR \$17.25  
Menu can be found on the back of the *Weekly Menu*.
Music by Phyllis Dale.



Chat with Joe

Wednesday, January 15, 9:30 a.m. AUD

DeLand Club Meeting

Thursday, January 16, 12 p.m. BL

Hot Cocoa & Cookies

Friday, January 17, 6 p.m. AUD \$5  
Hot cocoa with all fixings from marshmallows and crushed candy to whipped cream and more. Don't forget to grab a cookie (or two)!



Ruff - It's Cold Outside

Saturday, January 18, 11 a.m. BC
Our winters in Florida are a little different from other states. Since it's so cold outside, just stop by the Barker Center when you do your walk with your pup to grab a doggy treat and a cup of hot cocoa for you!

National Popcorn Day

Monday, January 20, ALL DAY - BC
National Popcorn Day is technically on Sunday, but we will be celebrating on Monday.

Soup for Supper

Tuesday, January 21, 4:30 p.m. MPR \$12  
Stay warm with a variety of soups that everyone will enjoy! Not only will there be a variety of soups, but also crackers, toppings, and more!

Charlie Russo Entertainment

Tuesday, January 21, 7 p.m. AUD **FREE**
Golden-voiced singer Charlie Russo is a singing sensation. His extensive repertoire covers the Great American Songbook and ranges from the easy-listening ballads of Frank Sinatra to the upbeat tunes of Stevie Wonder. His stage presence and voice captivate audiences of all ages.

Coffee With - Amanda Logan

Wednesday, January 22, 9:30 a.m. AUD
Empowering Change: Act Today, Transform Tomorrow
Join the Wellness Liaison as we explore common challenges surrounding change and uncover the rewards of embracing it. Together, we'll discuss practical strategies to implement and sustain positive transformations that promote independence and well-being at JKV.



Top Tier Diners

Thursday, January 23, 4 p.m. BUS \$5
Friday, January 24, 4 p.m. BUS \$5
The Top Tier Diners are back in action and will be heading to Seasons 52 in Altamonte.



It's Hootenanny Time - The Sunshine Singers

Produced by Phyllis Dale
Friday, January 24, 3 p.m. AUD **FREE**
Join Phyllis Dale, the Sunshine Singers and a few special acts as we remember those years of "Hootenanny".

Chef's Cook-Off - Winter Wonderland

Wednesday, January 29, 4:30 p.m. MPR \$16  
Menu can be found on the back of the *Weekly Menu*.

Game Night with Appetizers

Friday, January 31, 7 p.m. AUD \$10  
There will be multiple tables set up in the Auditorium, and each table will have a different game. From Uno, Scrabble, and even Monopoly and more! We will also have a variety of finger foods available with a loaded drink table. This will be a great night to just get together and have some fun after dinner!

National Dark Chocolate Day

Saturday, February 1, ALL DAY

Florida Healthcare Presentation

Monday, February 3, 2:30 p.m. AUD **FREE**
Music for Stress Management
Speaker: Lisa Morris
Music interacts in our lives in many ways. Did you know it can reduce stress and improve health? Music can reduce depression, help you sleep better, reduce cortisol levels, help you concentrate, motivate, and improve your mood. Find out other things music can do for you!

SSnakeyez Entertainment

Tuesday, February 4, 7 p.m. AUD **FREE**
SSnakeyez is a 3-piece band in North Central Florida that plays Blues, Country, Southern, and Classic rock music.

Support Groups

Grief Support Group

Tuesday, January 14, 2 p.m. BDR

Caregiver Support Group

Tuesday, January 21, 2 p.m. BDR

Visually Impaired Support Group

Monday, December 23, 2 p.m. BDR

Chronic Pain and Fatigue Support Group

Tuesday, December 24, 1 p.m. AUD

Memory Impairment Support Group

Tuesday, December 24, 2 p.m. AUD

Diabetes Support Group

Thursday, December 26, 2 p.m. LFV **CANCELED**

Parkinson's Support Group

Tuesday, January 7, 2 p.m. BDR

Recurring Events & Activities

Village Notables Street Band Performance

Saturday, December 21, 3 p.m. PD

Eyeglass Adjustments

Saturday, January 4, 8:30 a.m. CL **FREE**



Poetry & Prose

Monday, January 13, 1 p.m. LFV

Concerts & Theatre



Registration **OPEN** for the following shows:

A Gentleman's Guide to Love & Murder

Presented at Shoestring Theatre
Saturday, February 1, 1 p.m. BUS \$26  
When the low-born Monty Navarro finds out that he's eighth in line for an earldom in the lofty D'Ysquith family, he figures his chances of outliving his predecessors are slight and sets off down a far more ghoulish path. Can he knock off his unsuspecting relatives without being caught and become the ninth Earl of Highhurst? And what of love? Because murder isn't the only thing on Monty's mind . . .
Sign up Deadline: Friday, January 3



Minute by Minute

The Ultimate Doobie Brothers Tribute

Presented at Wayne Densch Theatre in Sanford
Saturday, February 8, 6:30 p.m. BUS \$32  
The Doobie Brothers have been rocking for 50 years, creating a rich tapestry of sound that has become life's soundtrack for multiple generations. Their music developed through distinct phases, with hard-rocking hits in the early 70's such as China Grove, giving way to soulful material when Michael McDonald's smooth vocals defined the Doobie Brothers sound. Now the 8-piece Minute by Minute tribute band captures every nuance of a live Doobie Brothers performance. These talented musicians cover every era of the Doobie Brothers' dynasty, and their love for the music is evident in every high-energy note.

Sign up Deadline: Friday, January 3

The Bikinis

Presented at Winter Park Playhouse in Winter Park
Saturday, February 15, 12:45 p.m. BUS \$37  
Everyone's favorite girl group from the 60's is back together again after twenty years and they're bringing back the sun, fun and all the great songs they sang down on the boardwalk in 1964! With a show that promises to get everyone dancing in the aisles, the women relive their heyday and beyond, singing hits like "It's in His Kiss," "Yellow Polka Dot Bikini," "Heat Wave," "Under the Boardwalk," "When Will I Be Loved," "It's Raining Men" and more!
Sign up Deadline: Friday, January 3

Registration **CLOSED** for the following shows:

The Atlantic City Boys

Presented at Wayne Densch Theatre in Sanford
Saturday, January 25, 6:30 p.m. BUS \$42
Sign up deadline: Friday, December 13


Glenn Miller Orchestra


Presented at the Brannon Center in New Smyrna Beach


Thursday, January 30, 12 p.m. BUS \$35
Sign up deadline: Friday, December 6

If you have to cancel any performances or any purchased events after the deadline date, please contact Resident Services at X1202. Tickets are ordered on the deadline date and are non-refundable. You will be charged for the ticket on or within two business days of the deadline date. Bus charges will only be charged after the event. You are responsible for your ticket unless a wait list resident agrees to take the ticket. Ticket prices are subject to change. If you are not at the Barker Center prior to the departure time (recommended 10 minutes prior), the bus will not wait. The Resident Services department will send an email or make a phone call reminder approximately 24-48 business hours prior to the event. All ticket prices include transportation. Special request or accommodations need to be included upon sign up.

All sign-ups for NEW events and activities begin on Mondays at 9 a.m. unless noted otherwise.

 = Sign up Required

 = Event Cost

 = New Event (may require sign up)